

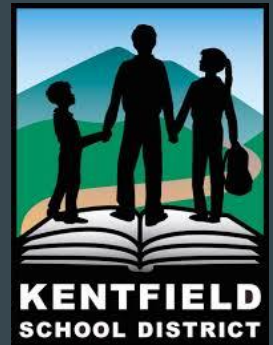
KSD

Community Conversation with Local Experts



*A Perspective of In-Person Instruction
in a COVID-19 Environment*

October 2020



Agenda

I. **Experience and Expectations**

II. **Open Q&A**

Panelist - Presenters

Sarah Centeno, MD Psychiatrist

Marla Ferschl, MD, Pediatric Anesthesiologist

Michaela George, PhD, MPH, Epidemiologist

Shilpa Marwaha, MD Adult Infectious Disease

Ted Ruel, MD Pediatric Infectious Disease

Jessica Hollman, MD Pediatrician

Laurel Yrun, School Nurse

Grant Althouse, Principal

Mary Ann Spitzer, Principal

Marin County Landscape - School Status

Hybrid Instruction

Oct. 5 LCM - Reed - Ross
Nov. 3 RVSD, NUSD TK-K
Nov. 30 MVSD
Jan. 4 Tam UHSD

Full In-Person

Sept. 8 SMC - MCOE - Rurals - Nicasio
Oct. 12 LCM
Oct. 19 Ross

30+ Schools Open - Privatet, Parochial, Independent

TBD - SRCS, Lagunitas, Shoreline,



Marin County Experience in the COVID Era

- Pop-Up Care, Spring/Fall Pilot Programs
- 69,360 student days
- 5 community cases identified
- 1 student to student transmission

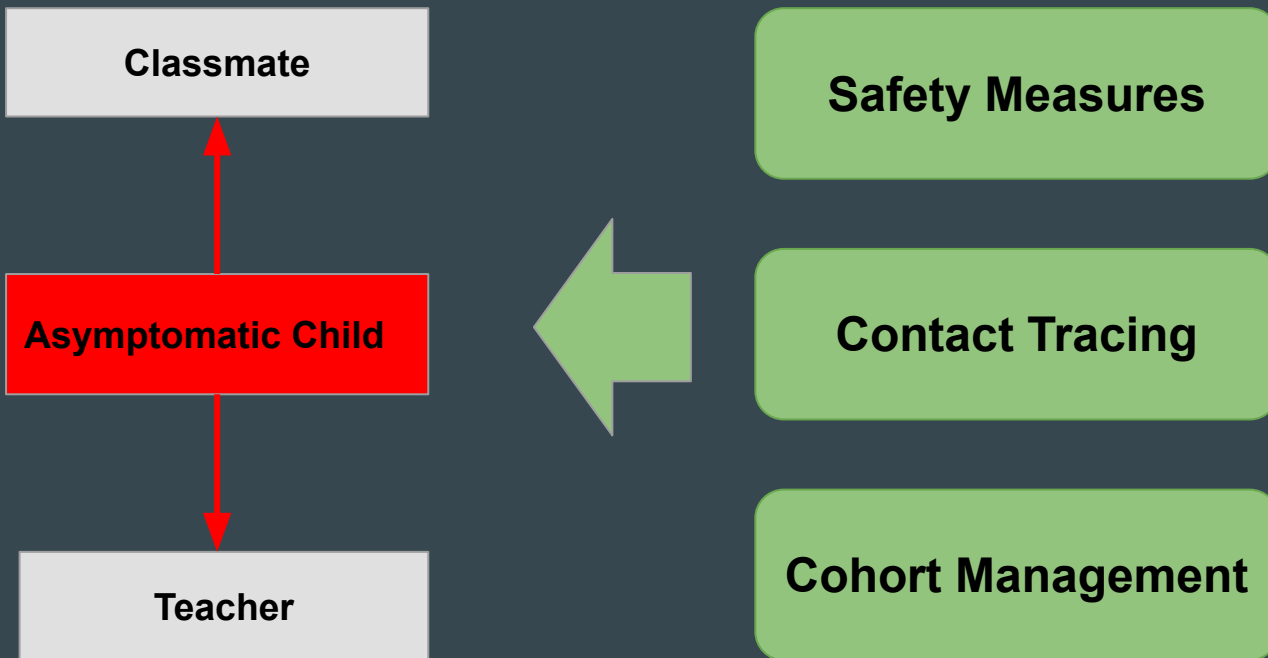
Preschool setting with regular close contact and no face covering.

Covid is rare in student populations based on the Marin County data thus far

What are we doing to minimize spread?

1. Engage with community education
2. Conduct daily health screens
3. Practice proper hand hygiene
4. Mandatory face masks
5. Implement physical distancing
6. Maximize outside activities

Risks and Prevention



What happens when there is a case?

Contact Tracing

Testing

COVID-19: Quarantine vs. Isolation

QUARANTINE keeps someone who was in close contact with someone who has COVID-19 away from others.

ISOLATION keeps someone who is sick or tested positive for COVID-19 without symptoms away from others, even in their own home.

If you had close contact with a person who has COVID-19

- Stay home until 14 days after your last contact.
- Check your temperature twice a day and watch for symptoms of COVID-19.
- If possible, stay away from people who are at higher-risk for getting very sick from COVID-19.


If you are sick and think or know you have COVID-19

- Stay home until after
 - At least 10 days since symptoms first appeared **and**
 - At least 24 hours with no fever without fever-reducing medication **and**
 - Symptoms have improved

If you tested positive for COVID-19 but do not have symptoms

- Stay home until after
 - 10 days have passed since your positive test

If you live with others, stay in a specific "sick room" or area and away from other people or animals, including pets. Use a separate bathroom, if available.



[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

CS31.P02-A 7/20/2020 JAM

Expectations

- COVID cases will rise in the community!
- Cold/Flu season will complicate COVID identification
- Health guidelines take this into account



Social and Emotional Well Being

- Increase in depression and anxiety, especially for most vulnerable
- Majority of kids are having increased social and emotional issues while staying at home
- School is an essential part of routine, consistency, social/emotional development
- Face to face learning is much more valuable
- Change is hard, and fear accompanies that change
- Parents can set expectations for kids

AAP Quote

- The American Academy of Pediatrics (AAP) supports the return to school, taking into consideration community COVID spread
- **“The pandemic has reminded so many what we have long understood: that educators are invaluable in children’s lives and that attending school in person offers children a wide array of health and educational benefits. For our country to truly value children, elected leaders must come together to appropriately support schools in safely returning students to the classroom and reopening schools.”**

A Day in the Life - Bacich & Kent

A Day in the
Life of a
Bacich Bear



A Day in the
Life of a
Kent Falcon



Summary

- COVID community prevalence is low
- Safety measures are effective and will further reduce spread
- Community responsibility is essential
- Our district has protocols for new COVID cases
- Eventually this will all feel routine!
- A return to school will address our children's social and emotional well-being

Q&A