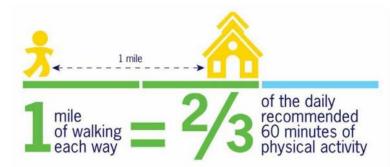


Dear Parents -

The Kentfield School District is part of a county-wide <u>Safe Routes to Schools'</u> movement to increase students' health and safety during school commute hours. *If you live within one to two miles from school, walking and biking are strongly encouraged*. If you live too far or have toddlers in tow, please consider parking ¼ mile away and walking the short distance to school. Every bit helps to reduce traffic and emissions to benefit all students.



Studies indicate that youth who walk and roll to school perform better in school; physical activity creates higher academic achievement, better cognitive performance, better reading fluency, and improved executive functioning.

Tips to Get Started:

- <u>Safety First!</u> Review the attached Walking and Biking Safety Tips with your child(ren). Remind students to get off and *walk their bikes in crosswalks*, *especially when crossing Sir Frances Drake at Wolfe Grade*
- <u>Plan ahead</u> and <u>practice</u> your walking or cycling route on the weekends
- If you must drive, allow extra time and keep your <u>eyes up</u> and <u>slow down</u>

For teaching tips, watch these short <u>pedestrian</u> or <u>bicycle safety videos</u> from Safe Routes to Schools. The Safe Routes certified instructors will be teaching pedestrian and bicycle education to students in designated grades again this year.

To address safety concerns along routes to schools, contact Wendi Kallins at <u>wkallins@igc.org</u>. The next Kentfield Task Force meeting is January 20, 2022 from 9:00 -10:30 am.

Wishing you a healthy and happy start to the school year,

Gwen Froh Program Director Marin Safe Routes to Schools gwen@marinbike.org