

GOLDEN GATE RIPPERS





2023 Field Hockey Winter-Spring Club Season



Rippers is a year-round, North Bay field hockey (and lacrosse) club. Our winter-spring season and summer camps are open to grades 5-12. Our fall club program is open to grades 5-8. Athletes are taught by experienced field hockey coaches and learn skills and strategies while having fun!

Dates: Sundays - February 5th - May 14th

*NO practice 2/19, 4/9 due to school holidays or tournament weekends.

Times:

Middle School (5th-8th grades) - 8am-10am High School (9th-12 grades) - 10am-12pm

Grades: 5-12 - ALL skill levels welcome.

Location: Ghilotti Turf Field at Redwood High School

Cost: \$595 (Rippers shirt included for new players or those that need a new size).

*If you are new to field hockey, you are welcome to come to the first practice and try it out. We can also prorate the registration fee for those who cannot make the whole season.

Tournaments: Players can sign up to participate in optional fall tournaments for an additional fee at cost.

- Cal Berkeley 3/11, 3/12
- UC Davis TBD (last year was 4/2, 4/3)
- Stanford 4/16
- Infinity Sports Club Spring Fling (last year was 5/7)
- SFYFH TBD

Equipment

- ALL players MUST have a mouth guard AND shin guards
- Running shoes, turf shoes or cleats are acceptable footwear
- Field hockey loaner sticks and balls will be available for use
- Goalie equipment is available to use for interested players