

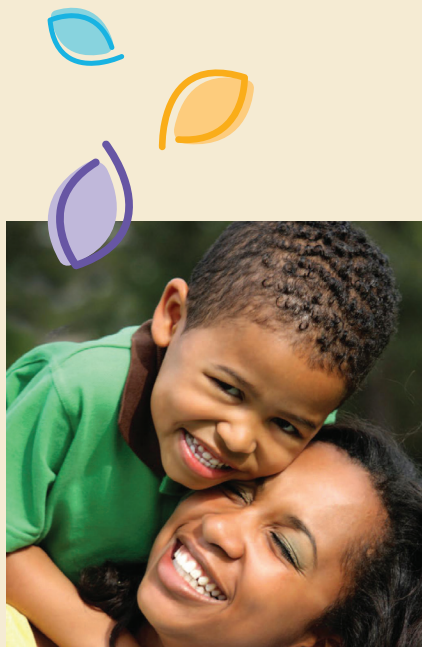
## Help Me Grow Marin provides free and confidential referrals to resources and services for:

- Basic Needs & Family Support
- Development
- Health
- Screenings & Referrals:
  - Developmental
  - Behavioral
  - Social & Emotional



### Questions?

Call or email us for confidential help.  
415-720-1283 | [info@helpmegrowmarin.org](mailto:info@helpmegrowmarin.org)



To connect to  
resources and services  
in Marin County

415-720-1283  
[Info@helpmegrowmarin.org](mailto:Info@helpmegrowmarin.org)  
[helpmegrowmarin.org](http://helpmegrowmarin.org)

Have questions about  
your child's learning,  
development, or behavior?



Contact Us!



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# Your child's early development is a journey...

Check off the milestones your child has reached and share your child's progress with the doctor at every visit.

CHILD'S NAME:

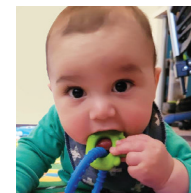
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## Does your baby have any teeth yet?

To promote dental health, your child should see a pediatric dentist when the first tooth appears, or by the 1st birthday.

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First Dentist Appointment



It's never too early to talk, read, and sing to a child!

## \*Is your child on track?

Developmental Screenings at 9, 18 and 24/30 months help you and your doctor monitor your child's development



These are just a few of the milestones to look for!

For further developmental information and assistance contact your local Help Me Grow or visit:

[helpmegrowmarin.org](http://helpmegrowmarin.org)



**Help Me Grow**  
MARIN COUNTY