

# JOIN THE DISCUSSION

5/3/2023 AT 7:00 PM

## MENTAL HEALTH AND UNDERAGE SUBSTANCE USE

For the final Let's Talk Community Discussion in the 2022-23 series, we will discuss how mental health and substance use are related. The speakers will discuss mental health challenges facing young people today, the risk of using substances to cope with mental health difficulties, and how the use of some substances can put youth at an increased risk for mental health issues.

Our guest expert is **Dr. Emily Tejani**. Dr. Tejani trained at the Yale University Department of Psychiatry and is board certified in three medical specialties: child & adolescent psychiatry, adult psychiatry, and addiction medicine. She is a member of the teaching faculty at UCSF. Currently, Dr. Tejani consults with SAMHSA's Opioid Response Network, helping to develop emerging substance use disorder treatment programs for youth.

Our student speakers are: **Sophia DeMoe** (they/them), a sophomore at Novato High School and MHYP intern; and **Leo de la Huelga** (they/them), a sophomore at Tamalpais High School and MHYP intern.

Live Spanish interpretation is available.  
LetsTalkMarin.org



REGISTER

