

## Community Resources

WIC  
(415) 473-6889

Public Assistance  
(CalWORKs, Cal Fresh, Medi-Cal)  
(415) 473-3400

Marin County Free Library  
(415) 473-2272

Learning Bus  
(415) 497-1666

SF/Marin Food Bank Hotline  
(628) 272-8430

Marin Child Care Council  
(415) 472-1092

Marin Head Start  
(415) 883-3791

Canal Community Alliance  
(415) 454-2640

Parent Services Project  
(415) 454-1870

North Marin Community Services  
(415) 892-1643

## Healthy Families Marin

3240 Kerner Blvd  
San Rafael, CA 94901

### Email

healthyfamilies@marincounty.org

### Phone

(415) 473-6008

**Hablamos Español**

### Website

<https://www.marinhhs.org/healthy-families-marin-home-visiting>



If you are a person with a disability and require this document in an alternate format (example: Braille, Large Print, Audiotape, CD-ROM), you may request an alternate format by calling:  
(415) 473-6008 (Voice)  
(415) 473-3344 (TTY)



# HEALTHY FAMILIES MARIN





*“Don’t prepare the path for the child, prepare the child for the path”*

*-Unknown*



## Who is eligible?



- Healthy Families Marin (HFM) helps parents bring out the best in themselves by building on the parenting skills they already have.
- Eligibility for HFM: parent(s) who live in Marin County, who are pregnant or have a child 0-3 months of age at the time of referral.
- Participation in HFM is free, confidential, and voluntary.
- To refer a client, fill out the [HFM referral form](#) and fax to:  
(415) 473-6396

<https://www.marinhhs.org/healthy-families-marin-home-visiting>

## Healthy Families Marin home visitors provide parents:

- Individualized support regardless of primary language.
- Parenting support during and after pregnancy.
- Support of parent-child bonding.
- Education and skills to promote the child’s healthy growth and development from birth until the 5th birthday.
- Education and skills to navigate use of community services and resources.



For information call (415) 473-6008 or visit us at <https://www.marinhhs.org/healthy-families-marin-home-visiting>